

## Darling Dolphins Childcare

### **Infant Daily Routine (6 weeks -18 months)**

Infants' routines will be based on their needs throughout the day. They will participate in safe, developmentally appropriate activities. Routines and specific times are based on child's needs and may vary each day.

### **Toddler Daily Routine (18 months - 3 years old)**

**7am - 8am Drop off Quiet/ rest time/Breakfast**

**8am - 8:30am Free Choice Play/Infant Naps as Needed**

**8:30am -9:30am Circle Time Learning Activities**

**9:30am - 10:30am AM Snack / Brushing Teeth**

**10:30am - 12:30pm Nap Time**

**12:30pm - 1pm Preparing Lunch/Clean Up from Nap**

**1pm - 1:45pm Lunch time and clean up**

**2pm - 3pm Outdoor Play**

**3pm - 3:45pm Afternoon snack/ Brushing Teeth/ Infant Naps as Needed**

**3:45pm - 5pm Learning Activities / Pickups**

**\*Toddler naps may get pushed back to 11am to 1pm as children become older**